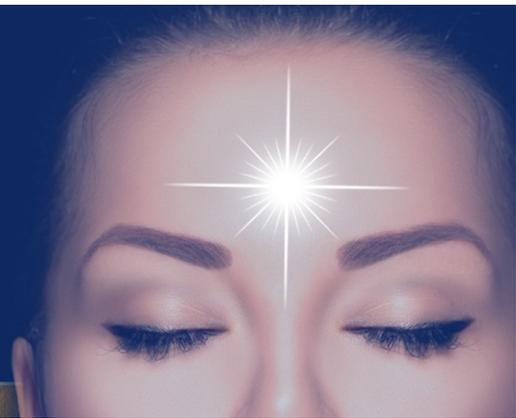


ILLUMINATE YOUR MONEY MINDSET

WITH DR. PAMELA MOSS
- Your Soul Guide -



Video #1 Handout:

Your Right Livelihood Touchstone

Imagine living your right livelihood...

What will you SEE when you are living your right livelihood?

SEE

(Literally see, like a photo or a movie — you may see yourself or others doing something; or something in your environment — a place or a scene... Or it may be something symbolic or metaphoric, such as *clouds part and the sun shines out*.)

If you get something intangible like “I’m confident and happy”, ask yourself: “**what does that look like?** How do I carry myself? What is the expression on my face, or what am I wearing or doing? How can we SEE that’s what I’m feeling?”

Allow 3 different vivid images to come to mind:

- 1.
- 2.
- 3.

What will you HEAR when you’re living your right livelihood?

HEAR

(May be something you'd say to someone, or someone would say to you; may be something you'd hear in your head, like "*that was easy!*" or silence...; may be sounds in your environment, such as applause or birds singing; or it may be a symbolic or metaphoric sound, like a heavenly choir singing "*Hallelujah!*"

Allow 3 different sounds to come to mind:

- 1.
- 2.
- 3.

EMOTION(S) I'll feel when I see and hear these things and know I AM living my right livelihood:

(Your body remember what this feels like — let the feeling(s) arise now... Don't answer the rest of the questions until you can feel this emotion, it is present.)

Where do I feel this emotion in my body?:

Is its **temperature** warm? Cool? Neutral?:

If it had a **color**, it would be:

If it had a **shape**, it would be:

If I could **touch** it, it would FEEL:

If it had a SMELL, it would smell like:

If it had a TASTE, it would taste like: